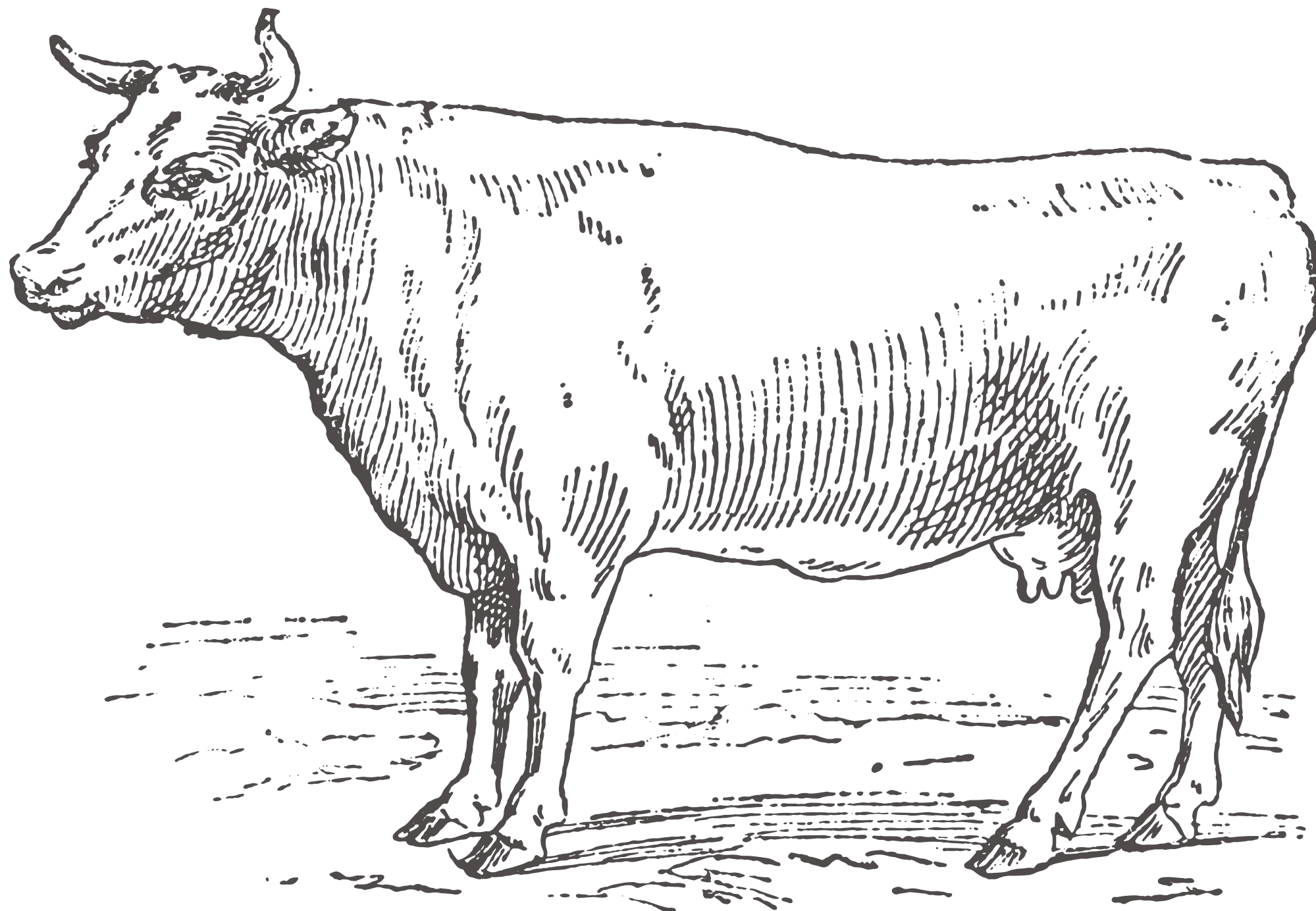

The Butcher Shop



PROTEIN - IRON - VITAMIN B12 - ZINC

Lean Cuts 101: Grab a package of **top sirloin steak** to cube for kebobs or chop into strips for stir fry. For **strip steak**, a simple marinade or rub elevates this classic grilled pick. **Tenderloin steak** is just like it sounds – incredibly tender – making it a lovely choice sliced on top of a salad. Use your **lean ground beef** (93/7) for anything from meatballs to burgers to texas lasagna.

STEAKS, ROASTS, CHOPS
145 degrees + 3 minute rest



GROUND BEEF
165 degrees

CLASSIC SPICY SEASONING MIX

Combine 3 tablespoons chili powder, 2 teaspoons ground cumin, 1 1/2 teaspoons garlic powder, 3/4 teaspoon dried oregano, and 1/2 teaspoon ground red pepper. Mix all spices together. Use on roasts, steaks, or burgers.

“ROAST BEEF, MEDIUM, IS NOT ONLY A FOOD. IT IS A PHILOSOPHY.”

– Edna Ferber
